



*The Sanctuary Restaurant*

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# *Menu*

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## ***The Sanctuary: A Place of Refuge and Protection***

*Built on over five decades of festive family celebrations, delicious home-cooked meals, world travels, and exposure to fresh flavours, we warmly welcome you to The Sanctuary.*

*The road has blessed us with warm smiles, abundant drinks, great conversations, laughter, and joy, often accompanied by unashamed song and cheer. We have endeavoured to preserve our heritage while fully embracing the journey. Our aim is to evoke memories through repetitions and reinventions of great food and familiar family favourites - most tried and tested, but sometimes with an added twist and a touch of fresh imagination and experimentation.*

*The menu is a personal reflection, featuring foods we've cherished over many years. We hope it will evoke fond memories for you and create new ones. Welcome to The Sanctuary; we promise to serve with love and a smile.*

*Please join us in celebrating this moment.*

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## STARTERS

### **PAULA'S BAKED CAMEMBERT | R85**

Oven baked, served with fig preserve, bruschetta ciabatta.

### **MAU'S CHICKEN LIVER PÂTÉ | R85**

Homemade with garlic, onion, served with thyme and a rosemary baguette.

### **ZOLANI'S SOUP OF THE DAY | R95**

Homemade soup of the day served with homemade bread.

### **MAX'S CAPRESE SALAD | R120**

Buffalo mozzarella ball with fresh cherry tomato, basil pesto & balsamic reduction.

## SALADS

### **ROASTED BEETROOT AND BUTTERNUT SALAD | R90**

Mixed leaves, roasted butternut lentils, cucumber, orange segments, goat cheese with balsamic & truffle dressing.

### **ROASTED VEGETABLE SALAD | R90**

Mixed leaves, feta, couscous, toasted pumpkin seeds with roasted garlic & lemon dressing.

### **HOUSE SALAD | R95**

Crispy lettuce, carrots, cucumber, red cabbage, cherry tomatoes, egg, feta, croutons with smoked paprika & balsamic vinegar dressing.

### **CHICKEN SALAD | R120**

Grilled chicken strips, crispy lettuce, carrots, cucumber, red cabbage, cherry tomatoes, bell peppers, feta, onion & croutons.

## MAINS

### **DC'S HAKE AND CHIPS | R145**

200gr Deep fried or pan fried hake fillet, served with hand cut chips, and garden salad.

### **LISA'S VEGAN BOWL | R145**

Panko tofu, quinoa, cucumber, cherry tomatoes, red cabbage, shredded carrot, leaves, pumpkin seeds, coriander, roasted butternut & smoky teriyaki sauce.

### **LOLLAN'S MAC AND CHEESE WITH A TWIST | R175**

With crispy bacon bits, served with a garden salad.

### **JULES' CHICKEN PIE | R185**

Crispy, golden home-made pastry, filled with roasted chicken with thyme, garlic & leeks served with a garden salad.

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**HUCKLEBERRY'S PAN FRIED LINEFISH | R245**

200g Kingklip fillet, lightly seasoned with creamed potato, fine beans, confit tomatoes, gremolata & roasted beetroot shavings.

**MICHEL'S CREAMY PEPPERCORN STEAK | R275**

300g Beef Fillet - grilled to your preference, served with a green peppercorn sauce & hand cut chips.

**ROBERG'S SEAFOOD PLATTER | R300-R1200**

Grilled seared tuna, kingklip, 40/50 prawns, grilled calamari tubes and squid heads, served with half shell mussels infused in creamy garlic white wine sauce.

**(R1200 for 4 | R600 for 2 | R300 for 1)**

**BURGERS**

**ROB'S VEGGIE GOODNESS | R120**

Mushroom and barley patty, grilled pineapple, mixed lettuce, tomato, cucumber, whipped goat cheese, mayo. Served with rustic fries.

**BAILEY BURGER | R135**

180g Beef patty or 180gr chicken fillet, with lettuce, tomato, caramelized onion, served with rustic chips.

**RAY'S PREGO STEAK ROLL | R165**

200g Chalmar sirloin, creamy Prego Sauce on a fresh Portuguese Roll, served with rustic chips.

**THE BIG DON | R175**

Two 180 g beef patties, bacon pieces, cheese, tomato, cucumber shaving, fried egg and hollandaise sauce, served with rustic chips.

**PASTA**

**LA GUSTA LINGUINE | Half: R80, Full: R160**

Pan fried mixed forest mushrooms, parsley, garlic, onion, creamy parmesan sauce.

**CREAMY CHICKEN PENNE | Half: R85, Full: R165**

Sautéed cubed chicken breast, cherry tomatoes, parsley, garlic, onion, creamy parmesan sauce.

**MAMMA MIA LINGUINE | Half: R85, Full R165**

Sautéed cubed chicken breast, Napoletana sauce with garlic, chilli, rounded off with cream and garnished with fresh coriander.

**CHILI PRAWN LINGUINE | Half: R95, Full: R185**

Served with prawn meat & homemade chili paste, in a creamy white wine sauce.

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## DESSERTS

### **SHIRL'S APPLE PIE | R70**

Home-made with cinnamon, honey & served with vanilla or Amarula ice-cream.

### **POINT'S BANANA EAT AND MESS | R70**

Vanilla custard with sponge fingers and banana served with vanilla or Amarula ice-cream.

### **BUKELA'S HOME-MADE AMARULA ICE-CREAM | R70**

Africa's favorite Amarula cream and vanilla ice-cream topped with toffee crumble.

### **LAUREN'S CREPE SUZETTE | R75**

Traditional pancakes served with sweet and zesty orange sauce served with vanilla or Amarula ice-cream.

### **KEV'S BAKED CHEESECAKE | R75**

Served with Amarula or vanilla ice-cream.

### **CHANTELLIE'S MALVA PUDDING | R75**

Served with sticky toffee sauce and vanilla or Amarula ice-cream.

### **CAITI'S CHOCOLATE FONDANT | R85**

Dark chocolate fondant with a soft runny centre, served with ice-cream and vanilla tuille.

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# Refreshing Beverages

## CLASSIC SOFT DRINKS

Fitch & Leedes (Bitter Lemon, Ginger Ale, Lemonade, Cranberry, Soda Water, Blue Tonic or Original Indian Tonic)	R25
Crème Soda	R30
Coca-Cola	R30
Coca-Cola Zero	R30
Coca-Cola Light	R30
Fanta Orange	R30
Sprite	R30
Sprite Zero	R30
BOS Iced Tea (Lemon or Peach)	R40
Grapetiser Red	R40
Appletiser	R40
Red Bull	R45
Red Bull Sugar Free	R45
Red Bull Watermelon	R45

## MILKSHAKES

Caramel	R52
Chocolate	R52
Strawberry	R52
Vanilla	R52
Peanut Butter	R52
Banana	R52

## CORDIALS

Roses Kola Tonic	R5
Roses Lime	R5
Roses Passion Fruit / Granadilla	R5

## WATER

Still Water (500ml)	R35
Sparkling Water (500ml)	R35
Still Water (750ml)	R50
Sparkling Water (750ml)	R50

## HOT BEVERAGES

Espresso (Single/Double)	R25/R30
Speciality Teas	R35
Americano	R35
Decaf Coffee	R35
Flat White	R35
Caffè Latte	R35
Cappuccino	R35
Red or Chai Cappuccino	R40
Red or Chai Café Late	R40
Dirty Chai	R40
Dark or White Hot Chocolate	R40